

THE ROSEN ASSOCIATION · SEATTLE

The Penfield Mk IV

The keeper's handbook, eleventh edition

Excerpt: chapter 3, the registers; chapter 4, the confirmation key; chapter 7, care of the instrument

SUPPLEMENT, JULY 2026

The license for the Penfield Mk IV (Turing Registry TR-11215) is suspended pending a dosage audit. Firmware 4.2.1 has withdrawn the Almanac and locked registers V.5 to V.8. Every other register may be used as this handbook describes.

3. The registers

The dial carries forty-eight registers in six families of eight, read clockwise from the top. Turn the pointer until the detent settles at the register you want, choose a degree from first to fifth with the small lever beneath the dial, and put on the contact band. Most keepers begin to feel the register within four minutes. The effect fades over about twenty minutes when the band is removed.

The house recommends the second degree for a first evening in any register, and advises against the fifth degree of any register for more than an hour.

I. Ease

For rest without sleep.

I.1 Repose (Rest with the eyes open.); I.2 Unhurried; I.3 Contentment; I.4 Lightness; I.5 Reverie; I.6 Fondness for the present; I.7 Drowse; I.8 Stillness.

II. Attention

For work, study and the reading of long books.

II.1 Application (The steadiness to begin a task and continue it.); II.2 Clarity; II.3 Alertness; II.4 Absorption; II.5 Curiosity; II.6 Patience; II.7 Vigilance; II.8 Concentration on a single object.

III. Warmth

For company, and for letters to people one has neglected.

III.1 Fondness (Warm regard for the people one is with.); III.2 Gratitude; III.3 Tenderness; III.4 Conviviality; III.5 Hospitality; III.6 Forgiveness; III.7 Nostalgia, fond; III.8 Devotion.

IV. Vigor

For mornings, and for difficult telephone calls.

IV.1 Appetite; IV.2 Resolve; IV.3 Ambition; IV.4 Courage (Willingness to face something one fears.); IV.5 Mischief; IV.6 Exuberance; IV.7 Elation; IV.8 Zeal.

V. Gravity

For grief, reflection and the reckoning of one's own conduct. Registers 5 to 8 lie below the wellbeing threshold.

V.1 Wistfulness (A gentle ache for something absent.); V.2 Solemnity; V.3 Contrition; V.4 Elegy; V.5 Mourning; V.6 Remorse; V.7 Despondency; V.8 Self-accusatory depression.

VI. Rest

For sleep and for coming back from it.

VI.1 Settling; VI.2 Light sleep; VI.3 Deep sleep; VI.4 Dreamless; VI.5 Waking; VI.6 Recovery (The register to which the instrument returns a keeper after any Gravity setting.); VI.7 Quiet; VI.8 Null.

4. The confirmation key

Registers V.5 to V.8 of the Gravity family lie below the wellbeing threshold defined in the instrument's license. They cannot be engaged by turning the pointer alone. To engage one, turn the pointer to the register and then turn the brass confirmation key, in the face of the case, a quarter turn clockwise. The register engages only while the key is turned.

Keep the key apart from the instrument, in a drawer or a box, as you might keep the key to a cabinet. The house supplies one key with each instrument and will supply a second only to the registered keeper, on request in writing.

If you find yourself reaching for the key often, or setting a register below the threshold for longer than you intended, the house asks that you write to the Penfield division at penfield@rosenassociation.org, in confidence, and that you speak to your physician.

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During the suspension the key will turn but will not engage registers V.5 to V.8.

7. Care of the instrument

- Keep the instrument on a bedside table, away from radiators and windows.
- Wipe the contact band with a cloth barely dampened with water. The silk cover is replaced at any servicing.
- Do not open the case or remove the crystal. The instrument contains no part a keeper can service.
- Every Mk IV is serviced for life at no charge, at the Penfield Works or by mail. Write to penfield@rosenassociation.org with the certificate number engraved on the base.